1 cup lukewarm milk

1-1/2 cup melted butter or substitute

3 eggs

1 yeast dissolved in half cup lukewarm water

1/2 teaspoon mahleb (optional)

1/4 cup anise (optional)

1 teaspoon salt

3 tablespoons sugar

6 cups flour

1 egg-beaten, for brushing top

Mix lukewarm milk, melted butter, 2 eggs beaten, yeast salt and sugar. Add flour to make a soft dough. Let stand in warm place until it rises double its size. Roll small pieces of dough into strips about 8 inches long and as thick as a finger and shape into circles. Lay flat on a cookie sheet, brushing tops with beaten egg. Let stand again for 2 hours. Bake in oven 375 degrees until light brown. If you like cheoregs to be crispy, bake in 250 degree oven. Brush top with sesame seeds if desired.